

5 Section 24 Taijiquan

Section I

1. Commencing Form
2. Part the Wild Horse's Mane (3X)
3. White Crane Spreads Wings
4. Brush Knee, Twist Step (3X)
5. Hand Strums the Lute ("Play Guitar/Fiddle")

Section II

6. Step back, Whirl Arms ("Repulse Monkey")
7. Grasp Bird's Tail (left)
Ward-off (Peng), Roll-back (Lu), Press (Ji), Push (An)
8. Grasp Bird's Tail (Right)
Ward-off (Peng), Roll-back (Lu), Press (Ji), Push (An)
9. Single Whip

Section III

10. Wave Hands Like Clouds (4x)
11. Single Whip
12. High Pat on Horse
13. Kick with Heel (right)
14. Strike Ears with Both Fists ("Wind Pierces the Ears")
15. Kick with Heel (Left)

Section IV

16. Snake Creeps Down (left)
17. Snake Creeps Down (right)
18. Fair Maiden Weaves at the Shuttles (r&l)
19. Needle at Sea Bottom
20. Fan Through Back

Section V

21. Twist-step, Deflect Down, Parry and Punch
22. Apparent Close-Up
23. Cross Hands
24. Closing Form



Snake Creeps Down