

**The 13 Power Dagger Form** (*Taijijiandao*) – created by **Sam Masich**

1. Open Dagger, Back-fist, Spirit Rise
2. Jab, Five-Phase Dagger (strike, exit, lift-up, seize, penetrate)
3. Upward Scrape and Conceal Dagger
4. Fair Maiden Weaves at Shuttles
5. Hit Tiger (left & right)
6. Graze and Push
7. Step-back Repulse Like Monkey (2X)
8. Flick Dagger, Jab, Upper Reverse Stab
9. Lower Reverse Stab, Inverse Graze
10. Turn Body, Sweep the Lotus
11. Step-up, Deflect, Parry & Stab
12. Apparent Closure (Double Winds)
13. Conclusion of Dagger (Return to Origin)



**Taiji Jiandao - 13 Power Dagger** is characterized by these **energies** or **powers**:

The 8 Gates dagger energies:

1st 4 - Pierce (*jue*), Stab (*ci*); Reverse-stab (*tong*); Hook (*gou*)

2nd 4 - Flick (*tan*); Graze (*lue*); Scrape (*qiang*); Tear (*lie*)

The 5 Phases Dagger Energies:

Strike (*ji*); Exit (*chu*); Lift-up (*liao*); Seize (*na*); Penetrate (*chuan*)